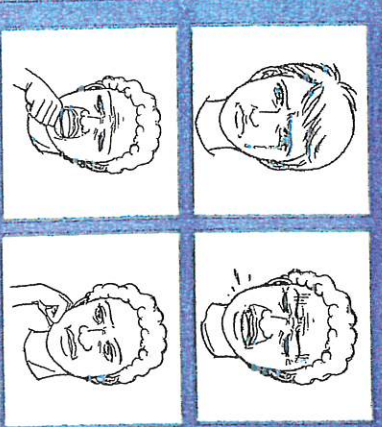
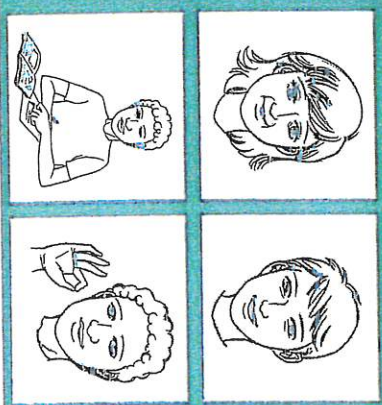
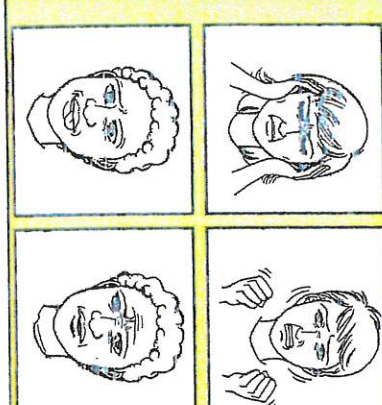
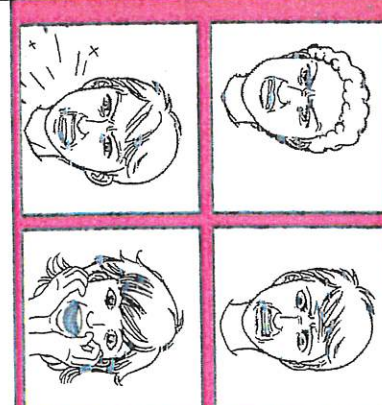


The ZONES of Regulation®

	<p>BLUE ZONE</p> <p>Sad Sick Tired Bored Moving Slowly</p>
	<p>GREEN ZONE</p> <p>Happy Calm Feeling Okay Focused Ready to Learn</p>
	<p>YELLOW ZONE</p> <p>Frustrated Worried Silly/Wiggly Excited Loss of Some Control</p>
	<p>RED ZONE</p> <p>Mad/Angry Terrified Yelling/Hitting Elated Out of Control</p>