

WISDOM OF  
THE WEEK...

# YOU GET WHAT YOU GIVE...



A smile costs nothing but gives much...  
It takes but a moment, but the memory of it  
sometimes lasts forever.



*All the creatures and Alice went on running round and round, laughing as they went, till they were all quite dry again. And then the Dodo said everybody had won and everybody must have prizes!*



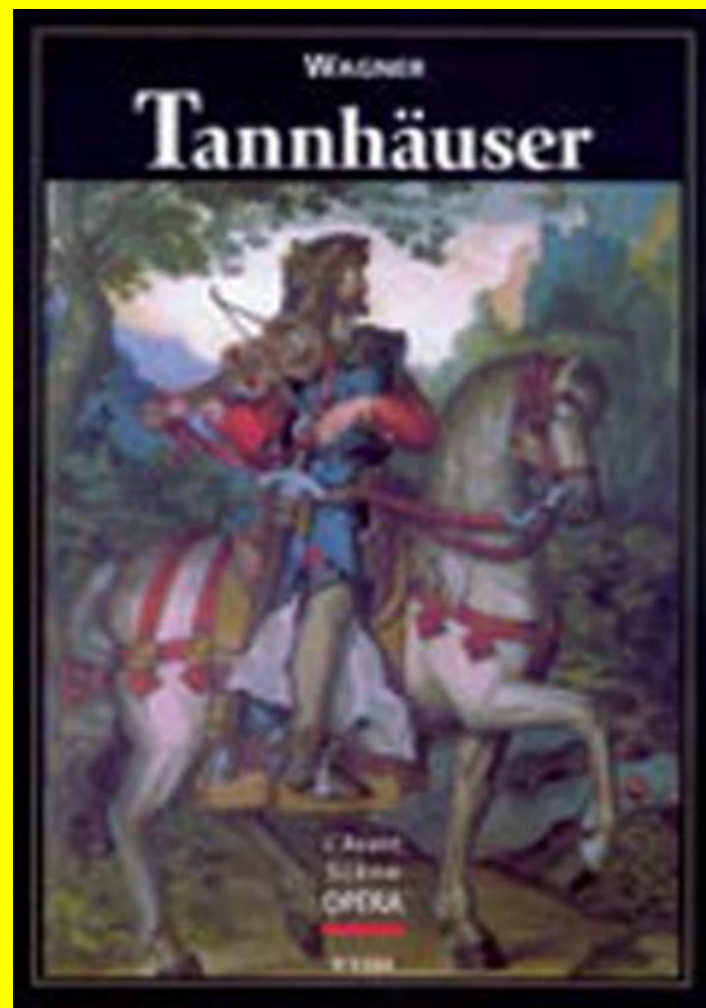
Of course Alice had to give everyone their prizes. And she had nothing to give them but a few sweets she happened to have in her pocket. And there was just enough for one each.

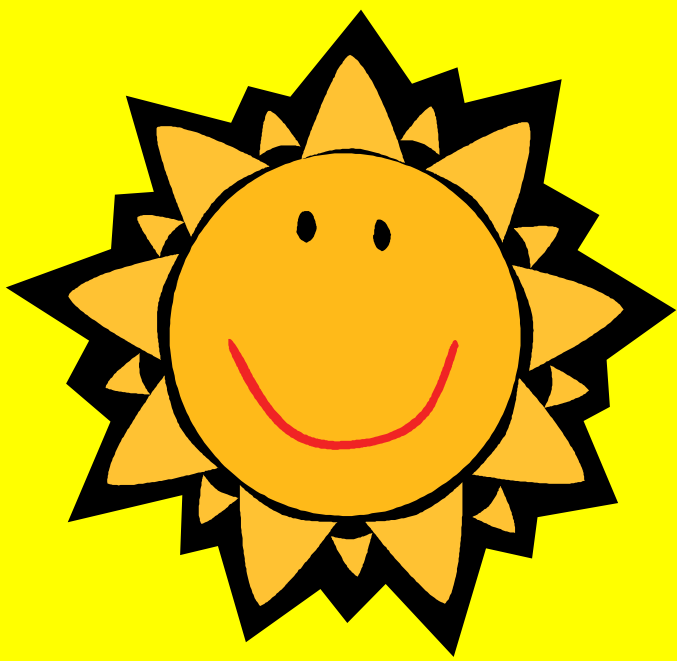
So there was no prize for Alice which wiped the smile off her face!



# Opera of the Week

Based on the two Germanic legends of Tannhäuser and the song contest at Wartburg. The story centres on the struggle to remain positive in love, and find redemption through love.





WHAT MAKES  
YOU SMILE  
AND WHY?

WHO DO YOU  
NEED TO  
CHEER UP  
AND HOW?

WHY IS JESUS  
LIKE  
SUNSHINE?

# LITTLE MISS SUNSHINE

*by Roger Hargreaves*

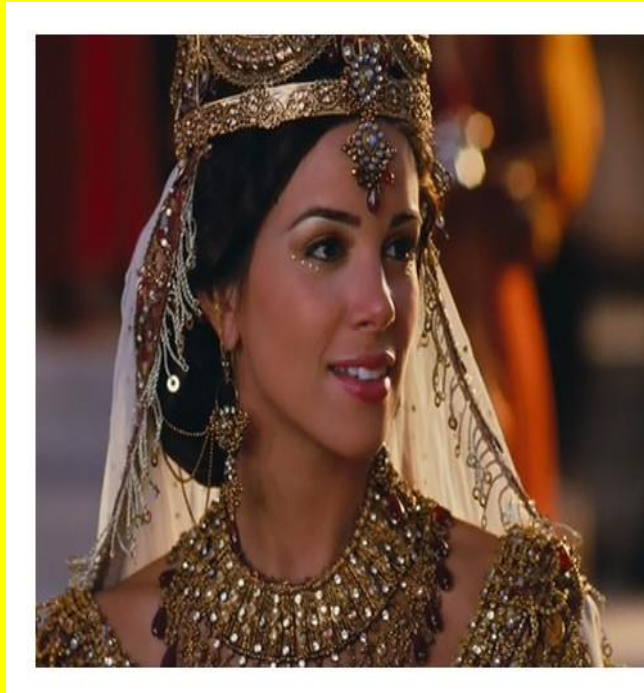






she was here  
for such  
a time

# Esther







FOOD FOR THOUGHT

VITAMINS KEEP

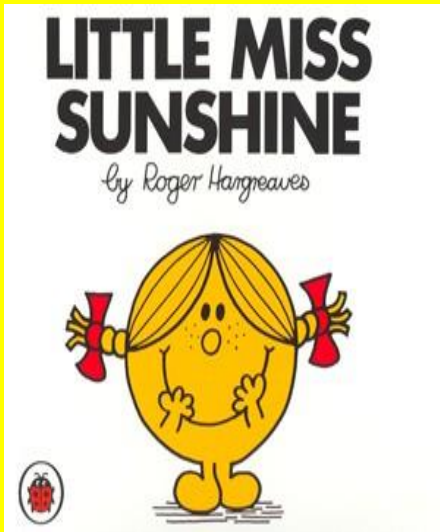
YOU HEALTHY

# PROVERB OF THE WEEK



A SMILE COSTS NOTHING

# WISE WORDS



*Smiling faces make*

*you happy!*

*(Prov 15 v 30)*



**A SMILE COSTS NOTHING!**

**WISE WAYS**



**DISTILLING**

**ARE YOU GOOD AT FINDING THE KEY  
POINTS IN YOUR LEARNING` ?**



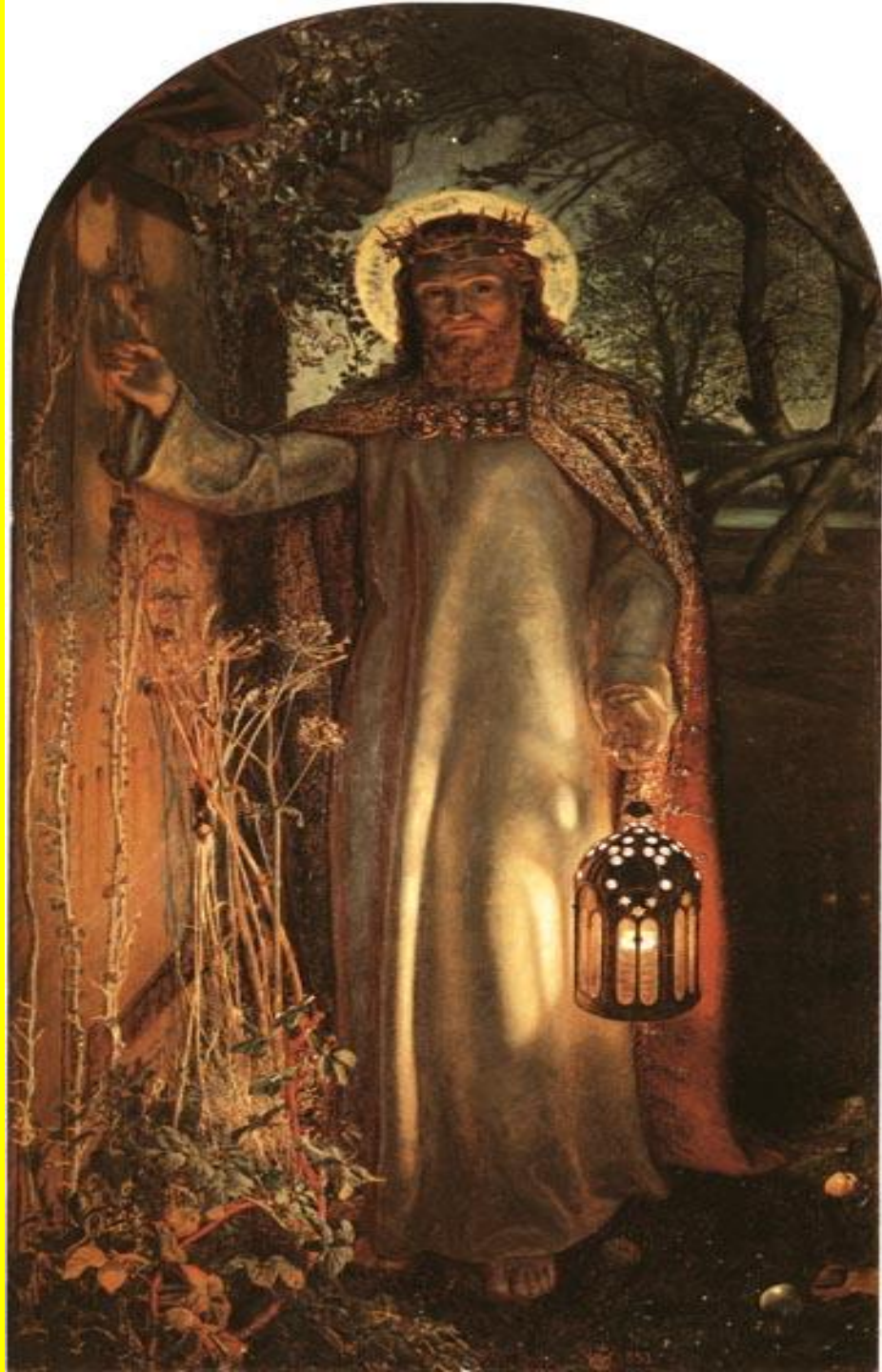


# Advent





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